# **Biology 12 – Biochemistry – Chapter Notes**

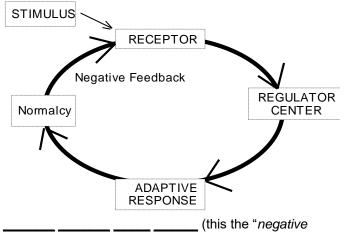
- In this chapter, we'll start to look at "Homeostasis." We will learn about the molecules that make up living organisms. We will learn what these molecules are made of, how they are formed, and what their functions are in living systems.
- Biology is the \_\_\_\_\_. All living things:
  - 1. are made up of \_\_\_\_
  - 2. grow and maintain structure by taking in chemicals and energy from their environment
  - 3. **respond** to the external environment
  - 4. **reproduce** and pass on their organization (genetic information) to their offspring
  - 5. at the species level, \_\_\_\_/change, and \_\_\_\_\_ to the environment
- Biologists use the \_
- we ask questions, observe the world, formulate hypotheses, test them in controlled experiments, revise, make conclusions.
- \_\_\_\_\_\_ this is a tentative explanation of what you've observed (e.g. "AIDS is caused by a retrovirus"). used to decide the type of experiment needed to test hypotheses. *A hypothesis can be wrong*!
- A hypothesis can be used to propose a logical experiment. For example: "If green light is the best light for growing tomato plants, then tomatoes grown under green light will be heavier than tomatoes grown under red or blue light.
- \_\_\_\_\_\_- widely accepted, successful, tested hypothesis accepted around the world. By the time a hypotheses becomes a theory, scientists have the utmost confidence in it. (e.g. Theory of General Relativity).
- Experimental "\_\_\_\_\_": a control is a sample that undergoes all the same steps in the experiment except the one being tested.
  - necessary in order to eliminate other effects that might influence the outcome of the experiment
  - necessary so that scientists may establish a <u>and</u> <u>and</u> <u>relationship</u>. (want to eliminate, for example, the "placebo effect"). Important for testing new medicines, for example.
- \_\_\_\_\_: all the things living organisms do that cause it to **maintain a relatively constant, stable internal environment** regardless of the external environment. There are countless examples in the human body:

٠	blood pH =7.4	•	body temp. = 37°C
٠	blood pressure = 120/80	•	blood [glucose] = 0.1%

#### How is homeostasis controlled? It relies on **FEEDBACK MECHANISMS**.

# NEGATIVE FEEDBACK: here is a generalized schematic diagram of a negative feedback cycle.

- Brain \_\_\_\_\_ (e.g. in the **hypothalamus**) monitor and control body conditions (e.g. pH, temperature, blood pressure glucose levels)
- all over body detect unacceptable levels and signal the appropriate brain center (e.g. temperature sensors in skin stimulate brain if skin gets colder than 37°C).
- control center directs body to behave in such a way that normal state is regained (e.g. shivering). This is called an adaptive response.
- results in a FLUCTUATION between two levels. e.g. the concentration of glucose in your blood is almost never exactly 0.1%. It's usually a little bit above or a little bit below. Over the course of a day, though, it would average out to be exactly 0.1%.



Accumulated data

Hypothesis

Observations

Conclusion

in blood of victims.

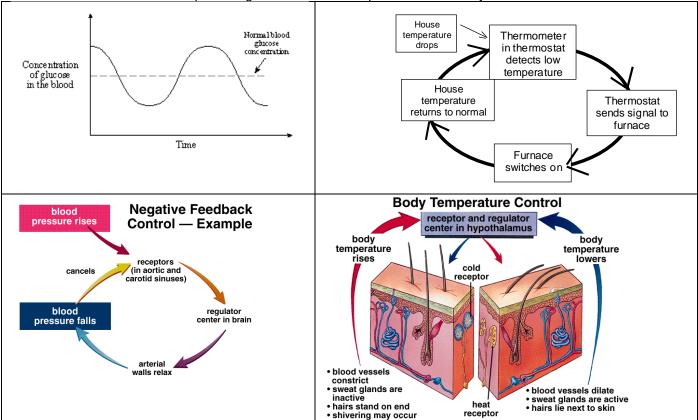
a tick.

People living in wooded area have a noncontagious disease.

Disease is due to the bite of

Bacterium is found in tick and

Bacterium transmitted by tick bite is cause of Lyme disease.



• Let's look at a classic example of negative feedback: temperature control in your house.

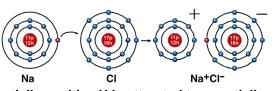
- So it is negative feedback that keeps things constant in your body. There are thousands of these negative feedback cycles known. So what then is *positive feedback*?
- \_\_\_\_\_\_has a number of things in common with negative feedback, such also as requiring receptors and regulatory centers. However, in positive feedback, the stimulus does not bring about an adaptive response that cancels the stimulus. Instead, it causes the stimulus to be <u>increased</u>. This in turn causes a greater adaptive response, which in turn causes a greater stimulus, and so on. Obviously, this can't go on forever. A positive feedback cycle usually ends up in something being ejected from the body. Because of its nature, positive feedback has a much more limited range of usefulness than negative feedback. Indeed, in Biology 12, there is only ONE specific example of positive feedback that you must know, and that is the positive feedback loop that occurs during \_\_\_\_\_\_ (childbirth) involving the hormone \_\_\_\_\_\_. Oxytocin is \_\_\_\_\_\_\_ and \_\_\_\_\_\_.
- Just before birth, the growing baby's head exerts pressure against the cervix. This pressure triggers
  sensory nerves in the cervix to send a nerve signal to the posterior pituitary to release oxytocin. The
  oxytocin is released into the blood. When it gets to the uterus, it causes stronger uterine contractions,
  which causes greater stimulation of the sensory nerves, which causes more oxytocin to be released, which
  causes stronger uterine contractions, and so on. The cycle ends when the baby is pushed out of the
  uterus, stopping the stimulation of sensory nerves to the pituitary.

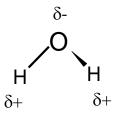
# WATER - Structure, Properties and Importance

- The first biologically important molecule we need to look at is water. Besides being the most abundant substance on the surface of the planet, it is \_\_\_\_\_\_ and it is also a very unique molecule.
- Life began in water, and all living organisms are "water-based."
- All living organisms have **adaptations for maintaining water levels** (e.g. human skin, plant stomata, bacterial cysts)
- Humans life requires water. But why?
  - a) We are mostly made of it! A human body is approximately 60 70% water.
  - b) Only substances dissolved in water can enter cell membrane of our cells (e.g. glucose, amino acids).
  - c) Water carries away dissolved wastes from our cells, and wastes excreted in liquid (sweat, urine)
  - d) \_\_\_\_\_ necessary for many body processes (e.g. Ca<sup>++</sup> for movement, Na<sup>+</sup>, K<sup>+</sup> for generation of nerve impulses). Ions are formed when an ionic substance is dissolved in water.
  - e) Water and water-based solutions \_\_\_\_\_ Error example, your \_\_\_\_\_ by a watery fluid called synovial fluid.
  - f) Water \_\_\_\_\_\_ in living systems. Compared to most other substances, water doesn't heat up easily or cool down easily (e.g. compare water to metal or sand). Therefore it helps living organisms – since they contain so much water in their tissues and blood, for example, to maintain a relatively constant internal temperature.
  - g) Our \_\_\_\_\_ partially protected against shock by a watery layer
  - h) \_\_\_\_\_ require water: **eyes** are filled with thick fluid; **hearing** depends upon a fluid-filled structure (called the cochlea) that detects and transmits vibrations.
  - i) \_\_\_\_\_: the chemical reactions that take place in your body rely on chemicals called enzymes. Hydrolytic enzymes are enzymes involved in breaking bonds between molecules. To do this, they require water.

# The Chemistry of Water

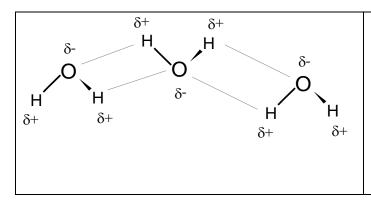
- Water is covalently bonded (i.e. bonds formed when atoms share electrons). Covalent bonds are strong bonds, compared with the other two types of bonds we'll be talking about: ionic bonds and hydrogen bonds.
- For example, let's compare this to an ionic bond (a bond in which electron(s) are transferred between atoms.
- Ionic bonds are weaker than covalent bonds.
- So, water is covalently bonded, but it is \_\_\_\_\_\_ the shared electrons spend more "time" circulating the larger oxygen than the smaller hydrogens. Thus, the **oxygen** has a *slight net negative charge,* while the **hydrogens** have a *small net positive charge.*

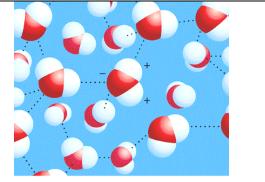




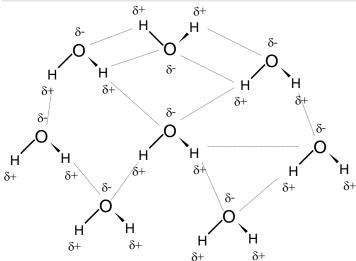
\_\_\_\_\_\_occurs whenever a **partially positive H is attracted to a partially negative atom** (like oxygen and nitrogen. It is represented by a *dotted line* because it is \_\_\_\_\_\_ and \_\_\_\_\_\_. *Covalent* and io*nic bonds* are both much stronger.

However, when you consider the astronomical numbers of water molecules found in living systems, the net effect of all those weak H-bonds, can add up to have a large effect. Indeed, it is the **polar nature of water, which leads to hydrogen bonding**, that gives water its \_\_\_\_\_\_.





#### WATER HAS SEVERAL UNIQUE CHARACTERISTICS



on top). Ice layers helps protect organisms below.

•

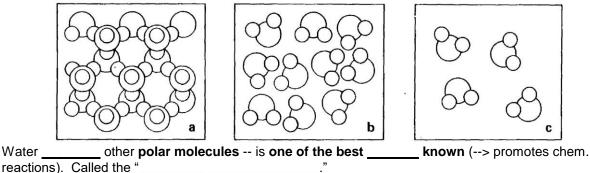
It is \_\_\_\_\_\_ throughout biosphere.

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H-bonding makes it have a ______,
_____and a ______,
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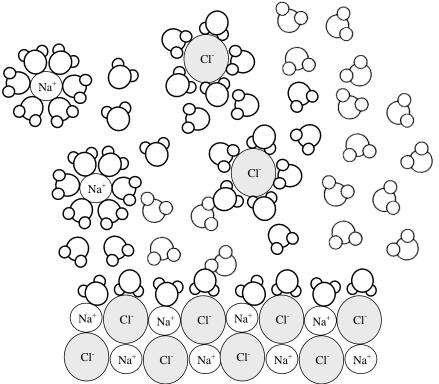
so that it is **liquid** at body temperature. Water **absorbs much heat before it warms** 

- Water absorbs much heat before it warms up or boils, and gives off much heat before it freezes (this is why oceans maintain a basically constant temperature, and accounts for cooling effect of sweating). This is also due to H-bonding.
- Water has high \_\_\_\_\_\_ Water molecules tend to cling together and draw dissolved substances along with it. This makes it good for transporting materials through tubes.

because of H-bonding (so ice will form



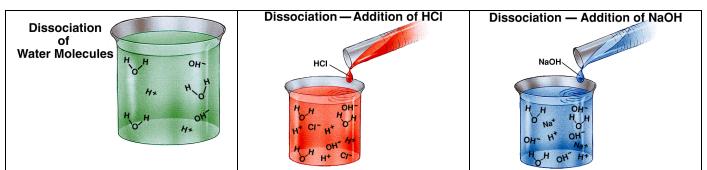
• Now let's look at a couple of important water-based solutions: acids, bases, and buffers.



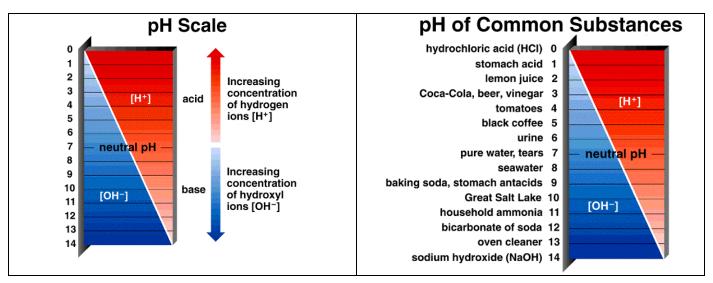
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#### ACIDS, BASES, & BUFFERS

- \_\_\_\_\_are compounds that **dissociate in water** and \_\_\_\_\_\_. e.g. HCl, H<sub>2</sub>CO<sub>3</sub>, H<sub>2</sub>O, CH<sub>3</sub>COOH, H<sub>2</sub>SO<sub>4</sub>
- \_\_\_\_\_ are compounds that dissociate in water and \_\_\_\_\_\_ e.g. NaOH, KOH, H<sub>2</sub>O



- \_\_\_\_\_ is a measure of the **concentration of** \_\_\_\_\_\_ (how much acid is in a solution) and ranges from 0 to14. The **lower the number**, the more **acidic** the solution. A pH \_\_\_\_\_\_
- The higher the number, the more \_\_\_\_\_ (or "\_\_\_\_\_") the solution. A pH more than 7.0 is a basic solution.
- A pH of 7 is said to be \_\_\_\_\_. Pure water has a pH of 7.0



• pH can be calculated using the following formula:

#### $pH = -log[H^*]$ for example, if pH = 3, $[H^*] = 10^{-3}$

- The numbers in the pH scale can seem misleading, because the pH scale is a <u>logarithmic scale</u>. That means each number on the pH scale represents a difference in magnitude of **10**.
  - For example, a pH of 2 is ten times more acidic than a pH of 3.
    - A pH of 2 is 100 times more acidic than a pH of 4.
  - A pH of 13 is 1000 times more basic than a pH of 10, and so on.

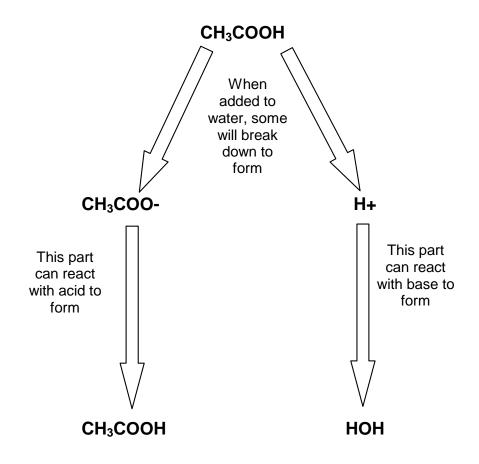
- An easy way to figure out these sorts of calculations is to do the following:
- 1. Take the two pH's and **subtract** them. e.g. pH 10 and pH 4

2. Take that number and put that many **zeros** in front of the number one.

1 0 0 0 0 0 0

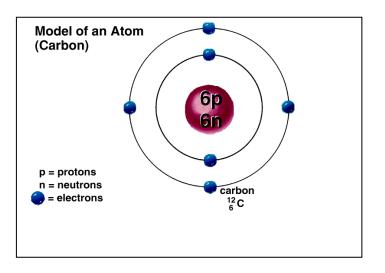
This means that a pH of 10 is \_\_\_\_\_ more **basic** than a pH of 4. (you could also say it the other way -- a pH of 4 is 1,000,000 times more **acidic** than a pH of 10)

- All living things need to maintain a \_\_\_\_\_\_ (e.g. human blood pH = 7.4). Why is pH so important? If pH changes, it can cause enzymes the chemical helpers that run the chemical reactions essential to life to "\_\_\_\_\_" (i.e. change shape more on this later!).
- To keep the pH from changing, livings cells contain \_\_\_\_\_\_ to keep the pH constant. A \_\_\_\_\_\_ is a chemical or combination of chemicals that can take up excess hydrogen ions or excess hydroxide ions. Buffers resist changes in pH when acid or base is added. However, buffers can be overwhelmed if acid or base continues to be added.
- Two common buffers in living systems are carbonic acid-bicarbonate ion (H<sub>2</sub>CO<sub>3</sub>, HCO<sub>3</sub><sup>-</sup>) and acetic acidacetate ion (CH<sub>3</sub>COOH, CH<sub>3</sub>COO<sup>-</sup>). Let's look at how the acetic acid-acetate ion buffer works.

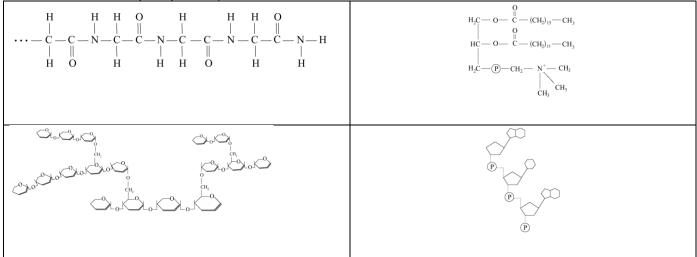


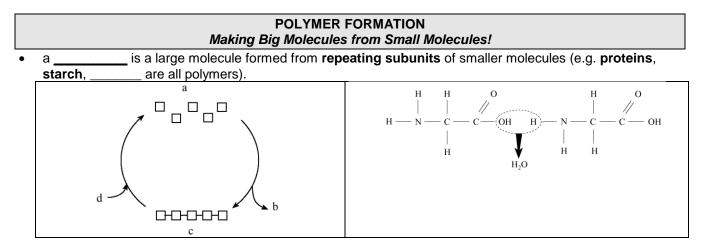
#### **BIOCHEMISTRY & CELL COMPOUNDS**

- For the rest of the chapter, we will look at biologically important molecules that are based around carbon atoms. It is said that life on Earth is "Carbon Based..."
- Biochemistry is the chemicals of life and their study. Organic chemistry is the study of carbon compounds. As will see, a lot of biochemistry revolves around organic chemistry.
- Why Carbon?

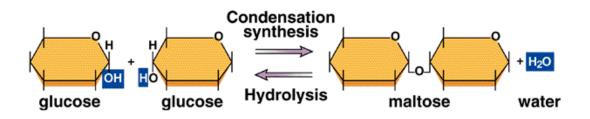


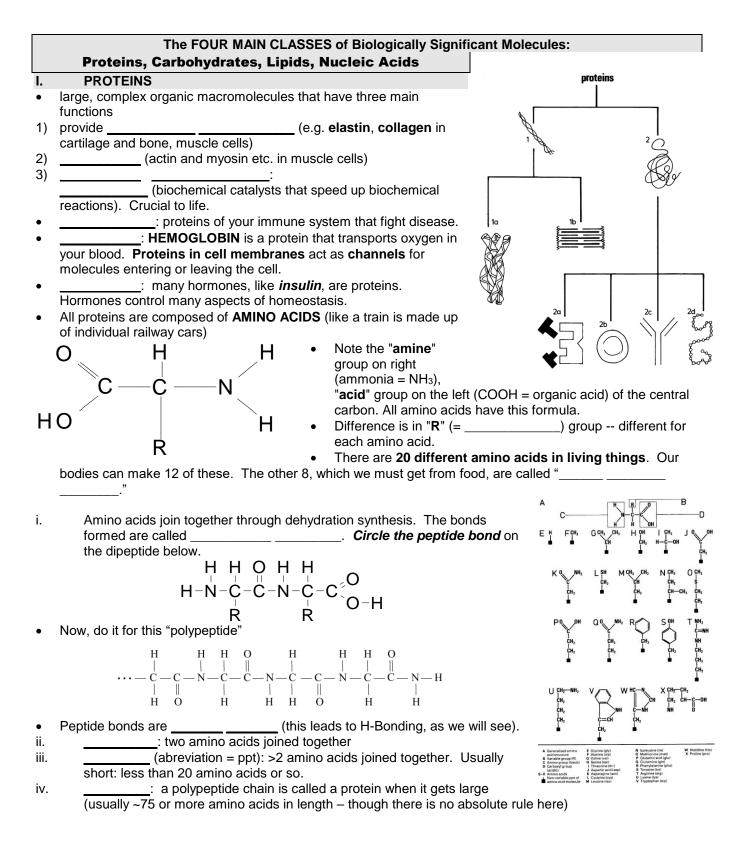
- has four available covalent bonds -- allows for other atoms to bind.
- capable of forming strong bonds with itself
- therefore can form long chains -- can be straight or branched --> great VARIETY of possible combinations.
- carbon atoms in chains can rotate, forming single, double, and multiple ring structures (e.g. glucose, nucleotides, lipids, proteins)





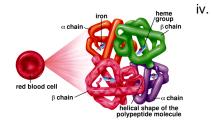
- \_\_\_\_\_: forms large molecules (polymers) from small molecules. (Dehydration = to remove water) In the process *water is produced*. Here is how two amino acids (small molecules) form a dipeptide.
- In synthesis, one molecule loses an H+, one molecule loses an OH-. In the above example, amino acids
  can continue to be added to either end of the *dipeptide* to form polypeptides. Large polypetides are called
  proteins.
- (hydro = water, lysis = to split): is the opposite reaction. Water breaks up another molecule. The addition of water leads to the disruption of the bonds linking the unit molecules together.
   One molecule takes on H+ and the other takes an OH-. This also requires the action of helping molecules called \_\_\_\_\_\_.





## Proteins have 4 levels of organization:

\_: the sequence of a.a.'s joined together in a line. Here are two polypeptide chains i. that are 12 amino acids long. Note however, that they have different primary structures (different sequences of the 20 amino acids). 3 8 20 3 9 16 12 A) On the right is the entire primary structure for the hormone insulin. 16 8 5 19 4 2 B) : since ii. peptide bonds are polar, H-Bonding routinely occurs between amino acids in the primary line. Often, this will cause the chain coil up into a shape called an **alpha helix**. Layers called "ßpleated sheets" can also form. iii. \_: different types of bonding (covalent, ionic, hydrogen) between -R groups makes the alpha helix bend and turn, forming "globs" of protein of all shapes. This three-dimensional arrangement of the amino acid chain is called the " ." Although it may look randomly formed, the final 3-D shape is very exact and precise. The shape is due to the original sequence of amino acids (the primary structure), as this is what will determine which amino acids in the chain will bind with each other, and in what way.



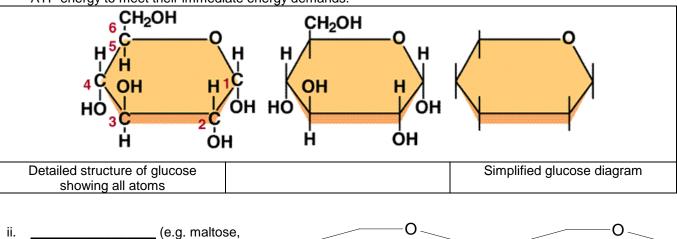
QUARTERNARY STRUCTURE: for proteins with more than one polypeptide chain, the quarternary structure is the specific arrangement of polypeptide chains in that protein. (e.g. : this is the O<sub>2</sub> carrying protein in blood -- made of four polypeptide chains interlocked in a specific way).

# DENATURING PROTEIN

- protein shape is *critical* to its function
- changes in temperature or pH, or the presence of certain chemicals or heavy metals, can disrupt the bonds that hold a protein together in its particular shape.
- If a protein is , it has lost normal structure/shape because normal bonding between -R groups has been disturbed.
  - Examples of denaturing include
- heating an egg white (\_\_\_\_\_\_\_ will reliably denature most animal enzymes) adding vinegar to milk (this is the same thing as \_\_\_\_\_\_, since vinegar is an • acid)
  - adding \_\_\_\_\_\_ such as lead and mercury also denature proteins.

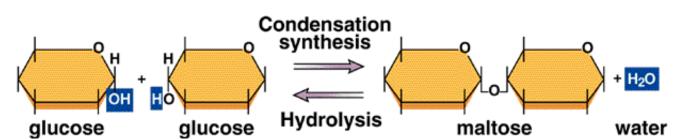
#### II. CARBOHYDRATES

- Carbohydrates are molecules made of Carbon, Hydrogen, and Oxygen
- all carbohydrates have the general formula:  $C_n(H_2O)_n$  hence the name "Hydrated Carbon" or "Carbo Hydrate"
- Different forms used for **ENERGY**, **FOOD STORAGE**, & **STRUCTURAL SUPPORT** in plants and animals. Carbohydrates are very important in living systems for the following functions:
  - 1. \_\_\_\_\_ supply (e.g. glucose is used by all cells to produce ATP energy)
  - 2. (e.g. glycogen is stored in liver and muscles and can be rapidly converted to glucose: starch has a similar role in plants)
  - 3. As cell membrane \_\_\_\_\_ (receptors & "identification tags")
  - 4. As \_\_\_\_\_\_ (e.g. plant cell walls are made of cellulose, insect exoskeletons are make fo the carbohydrate chitin)
- Carbohydrates can be small molecules like glucose, or very large polymers like starch and glycogen.
- i. \_\_\_\_\_, galactose, fructose)
- simple sugars with only one unit molecule
- groups of monsaccharides may be designated by the number of carbons they contain (i.e. "hexose" = 6-C sugar, 5-C sugars = "pentose" sugars). Note the "..ose" suffix! Most carbohydrates end in "ose."
- Probably the most common monosaccharide in living systems is glucose. All cells "burn" glucose to make ATP energy to meet their immediate energy demands.





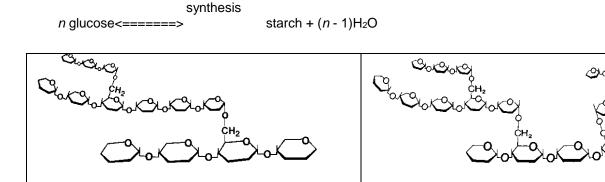
• are formed from **dehydration synthesis** reaction between two monosaccharides.

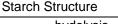


- maltose = 2 glucose. Table sugar (sucrose) = 1 glucose + 1 fructose)
- Monosaccharides and disaccharides are all water soluble. That means they can be dissolved in water.

#### iii. POLYSACCHARIDES

- a carbohydrate that contains a large number of monosaccharide molecules
- Three main important types in living systems. All are made of repeating glucose subunits:
- 1. \_\_\_\_\_\_ the storage form of glucose in \_\_\_\_\_\_. Made of \_\_\_\_\_\_\_ of glucose, with few side branches off the main chain. Starch forms from dehydration synthesis between many glucose molecules.



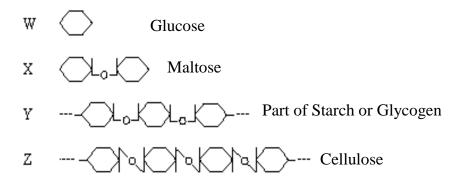


hydolysis

- \_\_\_\_\_\_- the storage form of glucose in \_\_\_\_\_\_. The chains of glucose have \_\_\_\_\_\_\_. In between \_\_\_\_\_\_. In between \_\_\_\_\_\_. In between \_\_\_\_\_\_.
- 3. \_\_\_\_\_\_ primary **structural component of plant cell walls**. Linkage of glucose subunits different than in starch or glycogen. See the structure below.



- Human digestive system can't digest cellulose, so it passes through the intestines undigested. Other names for the cellulose in plant foods are "<u>fiber</u>" or "roughage."
- Dietary fiber is important to health and for the prevention of such things as colon cancer.



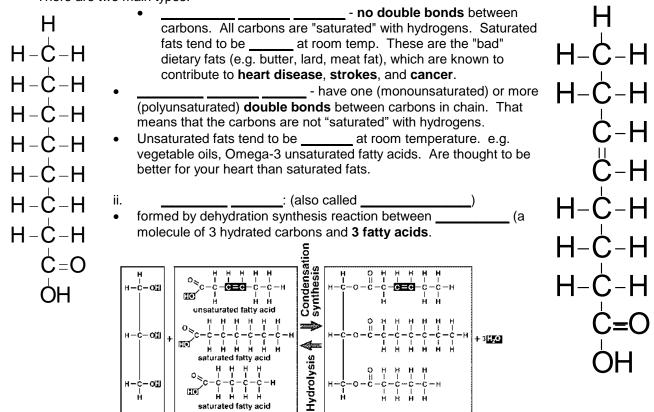
Glycogen structure – more branching!

# III. LIPIDS

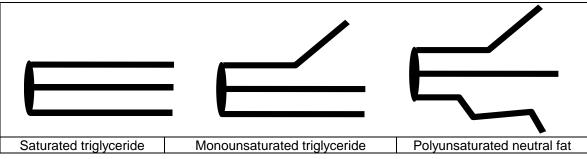
- Lipids are a wide variety of compounds, more frequently known by their common names, including \_\_\_\_\_
- are all **insoluble** in water.
- Functions of Lipids include the following:
- 1. \_\_\_\_\_\_ (fat is excellent for storing energy in the **least amount of space**, and packs 9.1 calories of energy per gram, versus 4.4 for carbohydrates and proteins).
- 2. **Insulation** ("blubber")
- 3. **Padding** of vital organs
- 4. Structural (e.g.cell membranes are mostly composed of phospholipids, white matter of brain contains a high proportion of lipid material)
- 5. Chemical messengers (e.g. steroid hormones like testosterone, estrogen, prostaglandins).

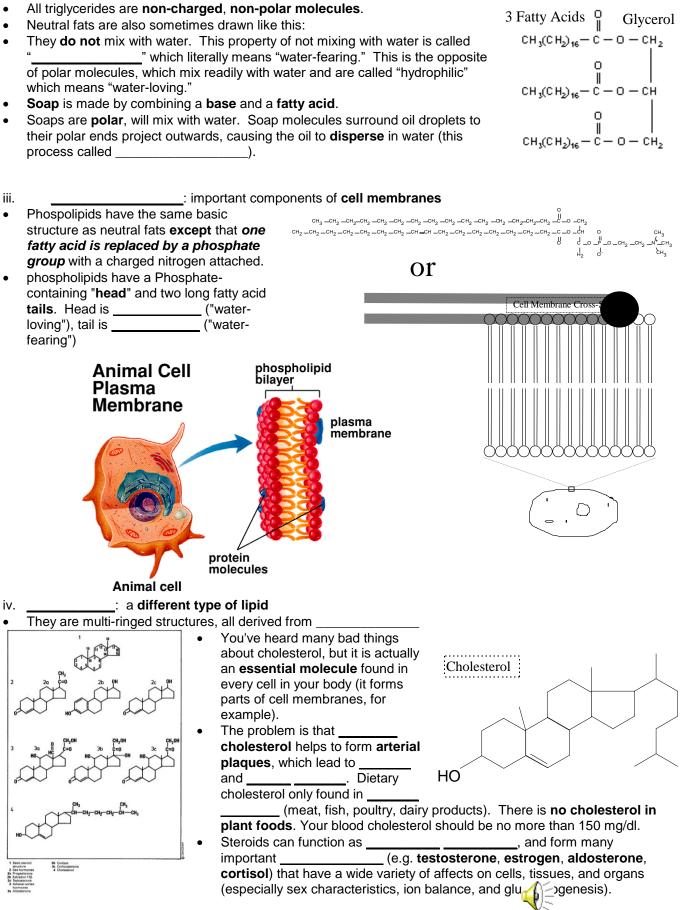
# THE MAIN TYPES OF LIPIDS

i. \_\_\_\_\_: a long chain of carbons with hydrogens attached, ending in an acid group (-COOH). There are two main types:



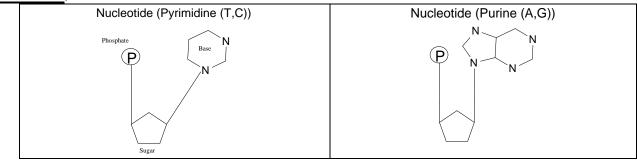
- The fatty acids in a neutral fat can be saturated or unsaturated.
- They are often drawn in a shorthand form that looks like this:





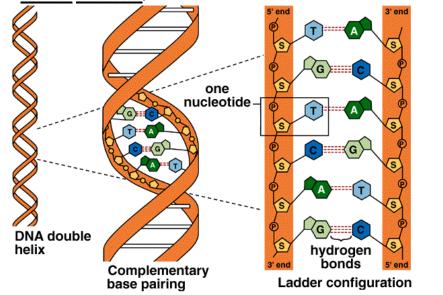
## IV. NUCLEIC ACIDS: DNA & RNA

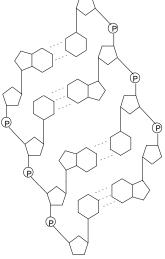
- huge, macromolecular compounds that are \_\_\_\_\_\_. There are two types:
  - 1. <u>DNA:</u>\_\_\_\_\_\_\_\_ makes up chromosomes and genes. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_including cell division and protein synthesis. DNA also undergoes mutations which are important to the process of evolution.
  - 2. **<u>RNA</u>**: \_\_\_\_\_\_- works with DNA to direct **protein synthesis**.
- DNA and RNA are \_\_\_\_\_ of nucleotides that form from the \_\_\_\_\_\_ between



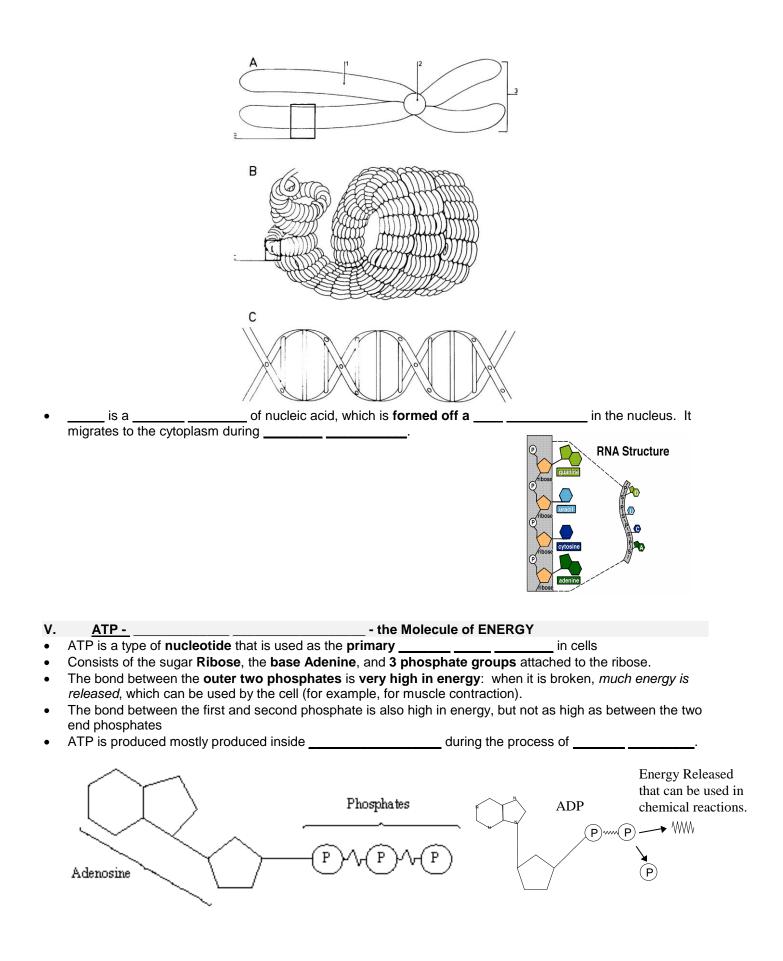
- Nucleotides consist of a \_\_\_\_\_\_ (ribose or deoxyribose), a \_\_\_\_\_\_, and a nitrogencontaining \_\_\_\_\_\_ (which may have one or two rings). There are 4 different nucleotides in DNA. The sequence of these nucleotides is the "Genetic Code."
- DNA consists of two antiparallel strands of nucleic acids. Each strand has a \_\_\_\_\_

and \_\_\_\_\_\_. The bases stick out the side and hydrogen-bond with the \_\_\_\_\_\_ of the other strand. The two strands wind around each other to form a





- Sections of DNA form functional units called GENES. A gene is one instruction for making one polypeptide, and is about 1000 nucleotides long, on average.
- DNA is packaged into \_\_\_\_\_\_, and is located in the \_\_\_\_\_\_. You have about 4 billion nucleotide pairs in each of your cells. Each of your \_\_\_\_\_ chromosomes contains one very long polymer of DNA around 85,000,000 nucleotides long!



BIOLOGICAL MOLECULE	UNIT MOLECULE (Building Block)	EXAMPLE OF BIOLOGICAL MOLECULE
nucleic acid		
		enzyme
		glycogen
	fatty acid and glycerol	